

UBI Meetings

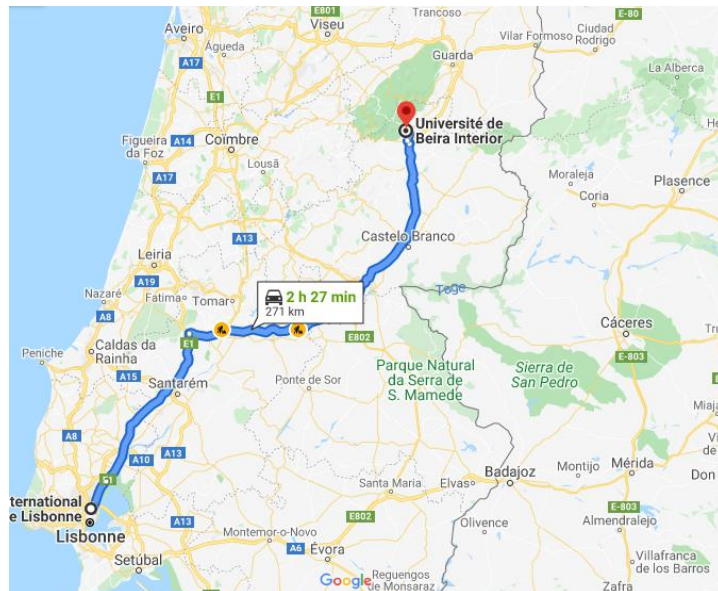
Practical Information

1) Access to Covilhã:

Information for highway electronic payment tool: <https://gotoportugal.eu/en/toll-roads-in-portugal/>

From Lisboa

By car: From Lisboa Airport (270 kms, 2h30 by car through the highways A1 (Exit 7 Torres Novas/Abrantes) and A23 (Exit 30 Covilhã Sul/Hospital)



For who is travelling by **plane** to Lisbon and wants to come to **Covilhã by bus:**

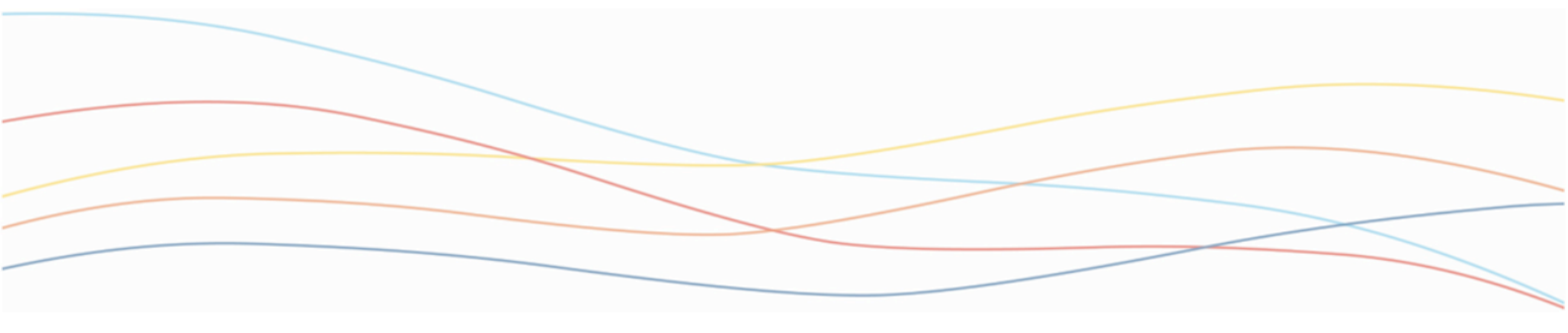
- Airport -> Metro: **Red Line** (Aeroporto-Gare do Oriente) -> Gare do Oriente

Find here actualized timetables and prices: <https://rede-expressos.pt/en/timetables> ; <https://www.flixbus.co.uk/>

For who is travelling by **plane** to Lisbon and wants to come to **Covilhã by train:**

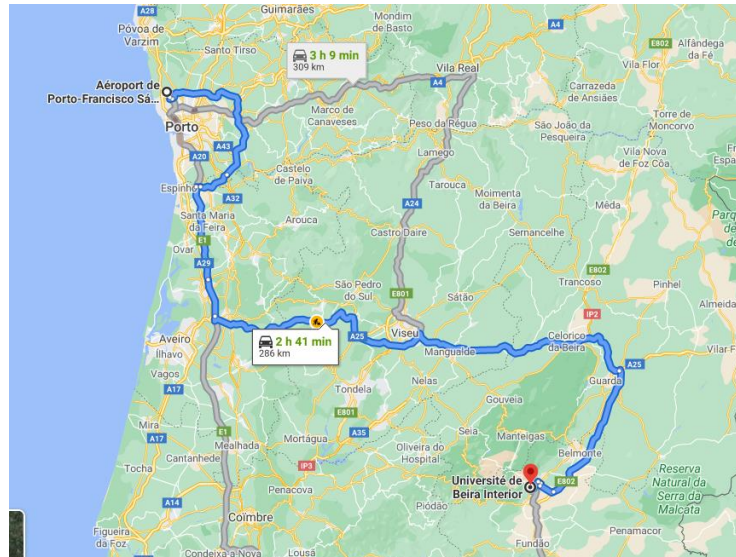
- Airport -> Metro: **Red Line** (Aeroporto-Gare do Oriente) -> Gare do Oriente

Find here actualized timetables and prices: <https://www.cp.pt/passageiros/en>



From Porto

By car: From Porto Airport (262 kms, 2h40 by car through the highways A1 (Exit 16 Viseu/Espanha), A25 (Exit 30 Guarda Sul/Covilhã/Portalegre) and A23 (Exit 31 Covilhã Norte/Hospital))



For who is travelling **by plane** to Porto and wants to come to **Covilhã by train:**

- Airport -> Metro: Linha E (Aeroporto-Estádio do Dragão) -> Campanhã

Find here actualized timetables and prices: <https://www.cp.pt/passageiros/en>

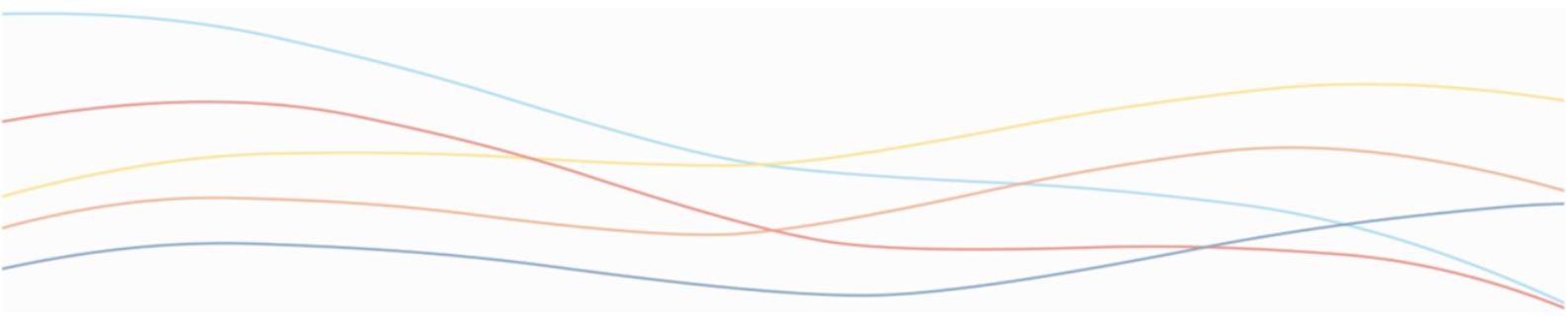
For who is travelling **by plane** to Porto and wants to come to **Covilhã by bus:**

- Airport -> Metro: Linha E (Aeroporto-Estádio do Dragão) -> Campanhã

Find here actualized timetables and prices: <https://rede-expressos.pt/en/timetables>

From Madrid

By car: From Madrid Airport (430 kms, 4h10 by car through Salamanca, A25 (Exit 30 Guarda Sul/Covilhã/Portalegre) and A23 (Exit 31 Covilhã Norte/Hospital))



2) Covilhã Hotels (prices 2024) Note: All values indicated, per hotel, were consulted on Booking.com, and may be subject to small fluctuations during the year.

In Covilhã, and in Penhas da Saúde (a mountain village in the heart of Serra da Estrela) there are several hotels where you can stay. Among them, we recommend the following:

In Covilhã (altitudes ranging from 450 to 800 meters):

- **Sport Hotel Gym + SPA** – 10% discount on listed price using the code **UNITA**.
Av. Frei Heitor Pinto
6201 - 909 Covilhã, Portugal
GPS coordinates: 40.28430570632134, -7.5054882311802045
<https://www.booking.com/hotel/pt/covilha-parque.pt-pt.html>
- **TRYP Covilhã Dona Maria Hotel** –
Avenida da Universidade,
6200-374 Covilhã, Portugal,
GPS coordinates: 40.269726448681105, -7.50531300234566
<https://www.trypdonamaria.com/pt/Menu/Home.aspx>
- **Santa Eufémia Covilhã Hotel** –
Alameda Pêro da Covilhã,
6200-507 Covilhã, Portugal
GPS coordinates: 40.27373550852973, -7.503157030659284
<https://www.booking.com/hotel/pt/santa-eufemia.pt-pt.html>
- **Puralã - Wool Valley Hotel & SPA** – 10% discount on listed price using the code **UNITA**.
Acesso à Variante 6200,
6200-507 Covilhã, Portugal
GPS coordinates: 40.26758385763922, -7.498071587005698
<https://www.hotelpurala.pt/>
- **Hotel Solneve** –
Rua Visconde de Coriscada, 126,
6200-077 Covilhã, Portugal
GPS coordinates: 40.280993676479326, -7.503761544675377
<https://www.hotelsolneve.pt/>
- **Hotel Covilhã Jardim** –
Rua São Salvador, n 1,
6200-196 Covilhã, Portugal
GPS coordinates: 40.28326241722004, -7.503838473510277
<https://hotelcovilhajardim.com/>
- **Paço 100 Pressa** –
Travessa de São Tiago n° 3, 6200-031 Covilhã, Portugal
GPS coordinates: 40.27989419414426, -7.503346129335431
<https://www.paco100pressa.pt/paco>
- **Pena D'Água Boutique Hotel & Villas** –
Rua de São Francisco Álvares n° 25,
6200-051 Covilhã, Portugal
GPS coordinates: 40.28325814017872, -7.505982329335325
<https://penadagua.com/>

- Casa das Muralhas – 5% discount on listed price using the code **UNITA5** directly on this link:
<https://booking.roomraccoon.pt/casa-das-muralhas/pt/>

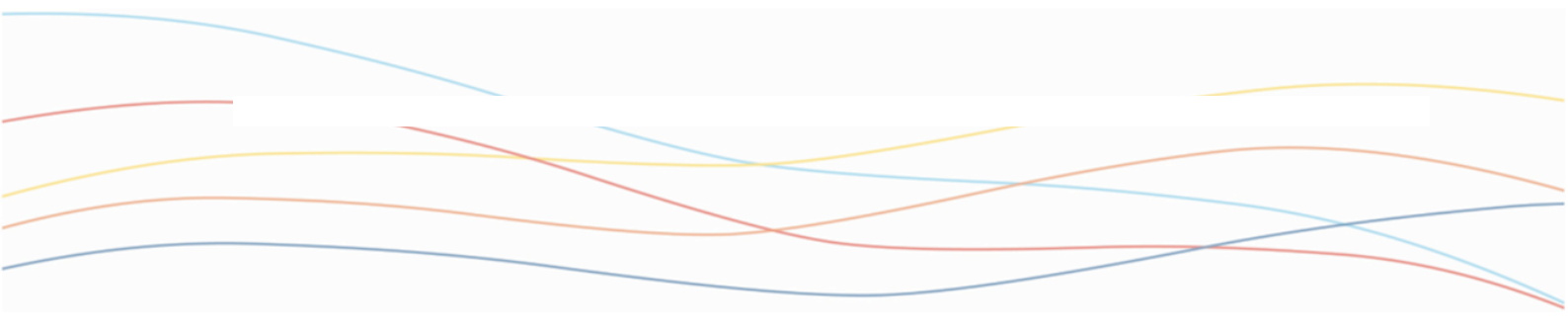
Rua Pedro Álvares Cabral n^o5,
6200-162 Covilhã, Portugal
GPS coordinates: 40.28118487601604, -7.507056088850278
<https://www.casadmuralhas.pt/>

In Penhas da Saúde:

- Pousada da Serra da Estrela (1200m altitude, at 6,3 km from Covilhã, an 11 min driving) – Price: 120€/night/2 person room or 116€/night/1 person room
Estrada Nacional 339 - Penhas da Saúde,
6200-111 Covilhã, Portugal
GPS coordinates: 40.29205098381177, -7.533358486480609
<https://www.pousadas.pt/en/hotel/pousada-serra-estrela>
- Luna Hotel Serra da Estrela (1500m altitude, at 10 km from Covilhã, a 14 min driving) – Price: 60€/night/2 person room or 51€/night/1 person room
Penhas da Saúde,
6200-073 Covilhã, Portugal
GPS coordinates: 40.3075672570586, -7.54868729997332
<https://www.lunahoteis.com/luna-serra/o-hotel.html>
- Lam Hotel dos Carqueijais (1100m altitude, at 5,3 km from Covilhã, an 8 min driving) – Price: 75€/night/2 person room or 75€/night/1 person room
EN 339 Km 5 - Serra da Estrela,
6200-073 Covilhã, Portugal
GPS coordinates: 40.29015797010857, -7.529059565043316
<http://flagworldhotels.com/index.php>

In Unhais da Serra: 20km from Covilhã (26 min driving), known for the therapeutic characteristics of its thermal waters:

- H2otel Congress & Medical SPA (750m altitude) – Price: 210€/night/2 person room or 170€/night/1 person room
Av. Das Termas,
6215 - 604 Unhais da Serra, Portugal
GPS coordinates: 40.26653779809242, -7.623974286481197
<https://www.h2otel.pt/>



3) UBI Social Action Services (SASUBI)

UBI provides rooms for temporary accommodation, through SASUBI, in two of its residences:

- Residence 1:
Convento de Santo António,
6201-001 Covilhã
GPS coordinates: 40°16'28.31"N 7°30'25.85"W
- Residence PAC:
Estrada do Sineiro, n°39,
6200-209 Covilhã
GPS coordinates: 40°17'11"N 7°30'43"W

Temporary accommodation covers short stays during the academic year (congress participants, higher education students wishing to visit UBI, students with proven attendance of courses, internships or other activities related to academic activities at UBI), approved depending on availability of rooms, or short stays in summer during the non-teaching period (between mid-July and early September). SASUBI's residences are governed by an Internal Regulation that the hosted users undertake to comply with.

Users must always present their student card or other identification document, if they are not students. Failure to present a student card or other document that proves the student's title implies the payment of the non-student fee.

Booking procedure:

1. Send the request, at least 5 working days in advance, to the e-mail aloja@ubi.pt.
2. SASUBI confirms, by email, the availability of your reservation.
3. Payment for temporary accommodation is made, in cash or by check, to the receptionist or, in the case of public or private institutions, by bank transfer or check to SASUBI.

UBI Marketing, Image and Communication Office (GMIC)

The GRP is responsible for managing the set of rooms, apartments and university residences at UBI, intended to house professors and researchers, in the short and long term.

- Teachers Residence (for short and long stays):
Rua Morais do Convento,
6200-001 Covilhã

General description: 29 furnished studio apartments with privative bathroom, kitchenette and 1 double bed/2 single bed.

Equipment: Internet wireless connection, electric stove, oven, fridge, air conditioner, electric cylinder water heater, linen and cooking utensils.

- Malufa (for short stays):
Rua Conselheiro António Pedroso dos Santos,
6200-344 Covilhã

General description: 1 double bedroom with bathroom.

Equipment: Internet wireless connection, TV, heater, bed and bathroom linen cleaning service (working days).

The choice of residence is made by the services of the University of Beira Interior, depending on availability. An identification card is required. Reservation of temporary accommodation is made by filling in a form.